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[](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCMyriMTDoccCFUeYgAodQIgD7g&url=http://www.townofhampton.ca/residents/community-organizations/sports-and-recreation-organizations/&ei=OC3KVcyvGcewggTAkI7wDg&bvm=bv.99804247,d.eXY&psig=AFQjCNEhq-f0Gk8dGHDo8_2GX23yLzy4mw&ust=1439399569366049)

*HMHA to host The First Shift Program*

Do you know of a young person between the ages of 6 & 10, and has never played our great game of hockey and would like to try the sport? Please forward this to them.

Introducing ***THE FIRST SHIFT.***

Designed to help kids fall in love with hockey before you buy all the gear, our six-week learn to play program focuses on having fun while learning basic skills. Registration is only $199, and includes head to toe Bauer equipment.

For more information, contact Bryan Bellamy, Program Administrator. By email: [bellamy@nb.sympatico.ca](mailto:bellamy@nb.sympatico.ca) or by phone: 506-832-3344. You may also visit *thefirstshift.ca* .

